

+ Your ALLEVYN[◇] LIFE dressing reminder

A guide to managing your care

Smith+Nephew



ALLEVYN[◇] LIFE
Foam Dressing

Helping you get **CLOSER TO ZERO[◇]** human and economic consequence of wounds

smith-nephew.com/allevyn

I have chosen an **ALLEVYN[®] LIFE** dressing because I believe it's the best dressing for your wound. As a more independent patient, I think you could benefit from going at least **one more day** without having to have your dressing changed.

- **ALLEVYN LIFE** has been **designed with help from nurses** and is used by healthcare professionals around the world with years of wound care experience.
- The dressings are longer lasting^{1*}, showerproof², and comfortable^{3,4}.
- You'll know when it needs changing with the **easy to read change indicator** on the top of the dressing.⁴
- Excess fluid is **reassuringly masked**³, and the dressing is cushioned for comfort.
- Helps to keep potential leaks and odour **locked away** for more peace of mind.^{3,5,6}

These features mean that the dressing can be left on for longer, aiming to give you at least **one more day** between dressing changes. This means more time to get on with the things you want to do in your daily life.

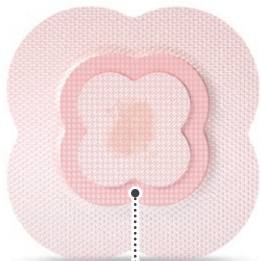
If you become concerned about your dressing in any way, contact me or another member of your medical team:

NAME:

TELEPHONE:

With ALLEVYN[®] LIFE excess fluid from your wound is masked³, whilst also helping to keep potential leaks or odours locked away^{3,5,6}.

Here's a helpful diagram to show you when to get your dressing changed:



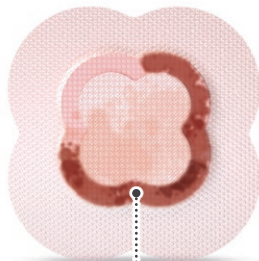
INDICATOR AT 0%

Everything's good, don't worry about changing your dressing at this point. The dressing can remain in place, with the exudate masked from view.



INDICATOR 50% FULL

There's still no need to change your dressing but consider arranging an appointment with your medical professional, as appointment times and availability may vary.



INDICATOR 75% FULL

When the change indicator is this full, it is time to change your dressing. Contact your medical professional to arrange a dressing change.

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*ALLEVYN[®] LIFE can be worn almost twice as long as standard dressings. n=37; dressing retention is 1.92x longer

References: **1.** Joy H, Bielby A, Searle R. A collaborative project to enhance efficiency through dressing change practice. J Wound Care. 2015 Jul;24(7):312, 314-7. **2.** Smith & Nephew 2016. Product Performance of Next Generation ALLEVYN Life (HVT080). Internal Report. GMCA-DOF/08. **3.** Rossington A, Drysdale K, Winter R. Clinical performance and positive impact on patient wellbeing of ALLEVYN Life. Wounds UK. 2013;9(4):91-95. **4.** Simon D, Biel A. A structured collaborative approach to appraise the clinical performance of a new product. Wounds UK. 2014;10(3):80-87. **5.** Smith & Nephew 14 June 2012. Odour reducing properties of ALLEVYN Life. Internal Report. DS/12/127/DOF. **6.** Smith & Nephew 20 June 2016. A Randomised Cross-Over Clinical Evaluation to Compare Performance of ALLEVYN™ Life and Mepilex® Border Dressings on Patient Wellbeing-Related Endpoints. Internal Report. CE/047/ALF.